

***The Empowerment Process in Positive Psychological Consultation for Taiwan  
Parent Whose High School Student Suffer from Bullying***

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**Abstract**

This study aims to construct parent consultation mode in positive psychological viewpoints and then discuss consultees' empowerment conversion in the consultation. This article will illustrate the consultation strategy employed by counselors and consultees' empowerment development by the consultation of a parent whose high school student once had bullying experience.

In consultation strategy analysis, the study will take the verbatim transcripts of counselors' spoken response as analysis data and adopt quantitative content analysis. In the empowerment process analysis, the study conducted template analysis toward the verbatim transcripts of consultees' spoken response to modify the initial templates developed from parents enabling conceptual model constructed by Gibson (1995) and then developed six enabling themes after endowing culture and action with connotation.

The study findings are as follows: It can be seen from counselors' consultation intervention strategies analysis that the important consultation strategy mainly focuses on "structure framing", "context collection" and "parent-education improving" in the relationship phase; "resources providing", "atmosphere culturing", "emotional conversion" and "awareness deepening" in the awareness phase; "strength regeneration" in the reconstruction phase; "hope implantation" in the integration phase. The enabling conversion process are: (1) "exploring and tracing back to the origin": the essence of parent-child interaction predicament emerges from the exploration of bullying incidents context; (2) "initiating fortune from the extreme adversity": the accumulation of parent-child interaction frustration triggers the thinking of parenting attitude the key to change; (3) "comprehending from converting thoughts": the expansion of self-worth and the identity of daughter traits advantage, thus creating mother and daughter communion experience; (4) "facilitating from being proficient": providing daughters a stage for full performance by recognition and acceptance of parenting companionship; (5) "flourishing strengths": the reproduction of wonderful experience between parents and children strengthens the scalability of parenting effectiveness.

**Keywords:** Empowerment Process , Positive Psychology , Parent Consultation, Bullying