

References

1. Sachdev PS, Mohan A, Taylor L, Jetse DV. DSM-5 and Mental Disorder in Older Individuals: An Overview. *Hav Rev Psychiatry* 2015;23(5):320-8.
2. Petersen RC, Smith GE, Waring SC, Ivnik RJ, Kokmen E, Tangelos EG. Aging, memory, and mild cognitive impairment. *Int Psychogeriatr* 1997;9(1):65-9.
3. Plassman BL, Langa KM, Fisher GG, et al. Prevalence of cognitive impairment without dementia in the United States. *Ann Intern Med* 2008;148:427-34.
4. Di Carlo A, Lamassa M, Baldereschi M, et al. CIND and MCI in the Italian elderly: frequency, vascular risk factors, progression to dementia. *Neurology* 2007;68:1909-16.
5. Farias ST, Mungas D, Reed BR, Harvey D, DeCarli C. Progression of mild cognitive impairment to dementia in clinic vs. community-based cohorts. *Arch Neurol* 2009;66:1151-7.
6. Petersen RC. *Continuum (Minneapolis)* 2016;22(2):404-18.
7. Smith AD, Yaffe K. Dementia (Including Alzheimer's Disease) can be Prevented: Statement Supported by International Experts. *Journal of Alzheimer's Disease* 38 (2014) 699–703.
8. Martin M, Clare L, Altgassen AM, Cameron MH, Zehnder F. Cognition-based interventions for healthy older people and people with mild cognitive impairment. *Cochrane Database Syst Rev* 2011; (1): CD006220.
9. Valenzuela M, Sachdev P. Can cognitive exercise prevent the onset of dementia? Systematic review of randomized clinical trials with longitudinal follow-up. *Am J Geriatr Psychiatry* 2009; 17: 179-87.
10. Willis SL, Tennstedt SL, Marsiske M, et al. Long-term effects of cognitive training on everyday functional outcomes in older adults. *JAMA* 2006; 296: 2805-14.
11. Wilson RS, Scherr PA, Schneider JA, Tang Y, Bennett DA. Relation of cognitive activity to risk of developing Alzheimer disease. *Neurology* 2007; 69: 1911-20.
12. Knapp M, Thorgrimsen L, Patel A, et al. Cognitive stimulation therapy for people with dementia: cost-effectiveness analysis. *Br J Psychiatry* 2006;188:574-80.
13. Taulbee LR, Folsom JC. Reality orientation for geriatric patients. *Hosp Community Psychiatry* 1966;17(5):133-5. Valenzuela M, Sachdev P. Can cognitive exercise prevent the onset of dementia? Systematic review of randomized clinical trials with longitudinal follow-up. *Am J Geriatr Psychiatry* 2009; 17: 179-87.
14. Hosseini SM, Kramer JH, Kesler SR. *Front Aging Neurosci* 2014;6:231. doi: 10.3389/fnagi.2014.00231. eCollection 2014.
15. Ciarmiello A, Gaeta MC, Benso F, Del Sette M. FDG-PET in the Evaluation of Brain Metabolic Changes Induced by Cognitive Stimulation in aMCI Subjects. *Curr Radiopharm* 2015;8(1):69-75.
16. Cotelli M, Manenti R, Zanetti O, Miniussi C. Non-pharmacological intervention for memory decline. *Front Hum Neurosci* 2012;6:46. doi: 10.3389/fnhum.2012.00046. eCollection 2012.
17. Nakawiro D, Chansirikanjana S, Srisuwan P, et al. Cognitive stimulation and cognitive training program in mild cognitive impairment (MCI);16th Pacific Rim College of Psychiatrists Scientific Meeting. *Asia-Pacific Psychiatry* 2015;7S1:23.
18. Morgan GH, Garand LI, Lingler JH. Self-initiated health behaviors following a diagnosis of mild cognitive impairment. *Res Gerontol Nurs* 2012;5(2):94-100.
19. Laditka SB, Corwin SJ, Laditka JN, et al. Methods and management of the healthy brain study: a large multisite qualitative research project. *Gerontologist*. 2009 ;49(1):S18-22.

20. Lu YY, Haase JE, Weaver M. Pilot testing a couples-focused intervention for mild cognitive impairment. *J Gerontol Nurs* 2013;39(5):16-23.
21. Cruz TJ, Sá SP, Lindolpho MD, Caldas CP. Cognitive stimulation for older people with Alzheimer's disease performed by the caregiver. *Rev Bras Enferm* 2015;68(3):510-516.
22. Yates LA, Orrell M, Spector A, Orgeta V. Service users' involvement in the development of individual Cognitive Stimulation Therapy (iCST) for dementia: a qualitative study. *BMC Geriatr.* 2015;15:4. doi: 10.1186/s12877-015-0004-5.
23. Orrell M, Yates LA, Burns A, et al. Individual Cognitive Stimulation Therapy for dementia (iCST): study protocol for a randomized controlled trial. *Trials* 2012;13:172.
24. Luker JA, Craig LE, Bennett L, Ellery F, Langhorne P, Wu O, et al. Implementing a complex rehabilitation intervention in a stroke trial: a qualitative process evaluation of AVERT. *BMC Med Res Methodol* 2016;16(1):52.

Contact email: patsri2004@yahoo.com

